

July 2026

New Videos



Donate to VLJP

- **Asthma. How to Use an Inhaler With a Spacer Correctly. A Guide for Parents.**
- **Creating a Family Preparedness Plan (now available in Haitian Kreyol)**
- **Growing Garlic in Vermont**
- **Driving Legally in Vermont**

PO Box 1155 Montpelier, Vermont 05602

Hi there,

At the end of June Dani and I attended the International Refugee and Migration Health Conference in San Diego. It was the 5th such conference I have attended and this time it really felt that the work that has been done throughout the country on advancing the need for language justice and language access in healthcare is coming to fruition. The subject was brought up frequently throughout most of the sessions that we both attended and more people than ever before let us know that they were using our videos in their work with their patients and clients. Next year the conference will be in Montreal. Maybe we will see you there?

We have just hired Jill Evans as a part time contractor. Her title is Outreach and Special Projects Manager. VLJP is at the point where now we know how to and can excel at making great videos for folks with language access needs, we have to figure out a clear and decisive distribution strategy so that our videos can be accessed by as many people with language access needs as possible. We have some great ideas, we would love to hear yours if you have some.

For the month of August we have been invited to be the 50% recipient of the "City Market Rally For Change." If you shop there, please consider **"rounding up"** and do let your friends know too.

Please consider making a donation to VLJP [through this link](#). Our donations are thin on the ground right now, and there is so much that we want and need to do.

With Best Wishes and Stay Safe
Alison and Dani

ps Check out this video... its really interesting.

[How the language you speak changes how you see the world. Lera Boroditsky](#)



Resources from the International Refugee and Migration Health Conference in San Diego.
Please check these two out.
EthnoMed connects providers and patients who come from refugee, immigrant, and migrant backgrounds. And among other things they: Educate healthcare providers on clinical and cultural topics relevant to patient care and provide patients with culturally and linguistically tailored health resources..including some of ours.. we had no idea! We will be uploading some of their resources onto our app in the next few weeks.
<https://ethnomed.org>
Hesperian Health Guides develops and distributes easily understood health materials that empower people to take greater control over their health and organize to eliminate the social causes of poor health. They have books, a healthwiki, mobile apps, and a language hub. VLJP is hoping to collaborate with the Hesperian team in the near future.
<https://hesperian.org>



Thanks to the Ben and Jerrys Foundation for the grants they have given VLJP over the past few years to do the work that other foundations might not have funded. Please follow their current campaign by clicking [here](#) to understand about why their funding has been cut.

New Videos from VLJP

(Click on the image and it will take you to the playlist)

ASTHMA
How to Use an Inhaler With a Spacer Correctly. A Guide for Parents.

Arabic, ASL, Burmese, Dari, English, French, Kirundi, Maay Maay, Mandarin, Nepali, Pashto, Somali, Spanish, Swahili, Vietnamese.

Information from the the University of Health, Gosisano Children's Hospital about Asthma, Inhalers and Spacers.

Creating a Family Preparedness Plan

Now available in Haitian Kreyòl Spanish and English

Who you need to contact and what you need to do to make a family preparedness plan should an adult in the family get detained by ICE.

Growing Garlic in Vermont

Available in English, Nepali, Spanish and Swahili.

How to Drive Legally in Vermont

Available in Arabic, Burmese, Dari, French, Haitian Kreyòl, Nepali, Pashto, Spanish, Somali, Swahili and Tigrinya.

A video suggested by Sgt Schwartz of the South Burlington PD who believes it is better to educate folks in a language that they can understand than to be punitive.

DOWNLOAD OUR FULL VIDEO RESOURCE LIST

Related and Timely Videos

WATER SAFETY

Arabic, Burmese, Dari, English, French, Kirundi, Maay Maay, Mandarin, Nepali, Pashto, Somali, Spanish, Swahili, Ukrainian, Vietnamese

Voting Rules in Burlington

ARABIC, BURMESE, ENGLISH, FRENCH, HAITIAN KREYÒL, KIRUNDI, MAAY MAAY, MANDARIN, NEPALI, PASHTO, SOMALI, SPANISH, SWAHILI

HOT WEATHER HEALTH AND SAFETY

Arabic, ASL, Burmese, Dari, English, French, Haitian Kreyòl, Kirundi, Maay Maay, Mandarin, Nepali, Pashto, Somali, Spanish, Swahili, Ukrainian, Vietnamese

WELCOME TO ECHO!

Arabic, ASL, Burmese, Dari, English, French, Kirundi, Maay Maay, Mandarin, Nepali, Pashto, Somali, Spanish, Swahili

PREVENT MOSQUITO BITES

Arabic, Burmese, Dari, English, French, Haitian Kreyòl, Kirundi, Maay Maay, Mandarin, Nepali, Pashto, Somali, Spanish, Swahili, Tigrinya, Ukrainian, Vietnamese

GET EXTRA \$ TO SPEND AT THE FARMERS MARKET WHEN YOU USE SNAP/3SVT

ARABIC, ASL, BURMESE, DARI, ENGLISH, FRENCH, HAITIAN KREYÒL, KIRUNDI, MAAY MAAY, MANDARIN, NEPALI, PASHTO, SOMALI, SPANISH, SWAHILI, TIGRINYA, UKRAINIAN, VIETNAMESE

In Case You Missed Them:

- [Ticks What you Need to Know](#)
- [Join Us in Planning for Burlington's Future](#)
- [New Medicaid Rules for Some Immigrants](#)
- [Free Food For Vermont Kids this Summer](#)
- [Welcome to your Public Library.](#)
- [How to Prepare for Possible ICE Detention or Arrest](#)