


From: Alison Segar VLJP asegar@cctv.org   
 Subject: august 2024  
 Date: October 4, 2025 at 12:13 PM  
 To: alison@vljp.org



# New Videos!

Check out VLJP's new videos about car seats, mosquito-borne illness, police traffic stops, and mental health services.

We're happy to share the videos we completed in August. Many thanks to M&T Bank, VT Adult Learning, Vermont Humanities, Howard Center, VT Dept. of Health, and UVM Health Network for their support and collaboration in making these multilingual videos. Please share with your networks!

If you'd like to partner with VLJP to make a video, please reach out to us.

As always, thank you for your support!

[Alison](#) & [Olivia](#)

<b>3. Education</b>		
How to Deal in a Competitive Situation	19	2024
Winnona La Rocca Middle School	3	2023
Professional Learning Through the Vermont Office of Professional Regulation	7	2022
<b>4. Employment</b>		
Getting Employment Benefits	19	2024
How to Contact the VT DOL	19	2024
Professional Learning Through the Vermont Office of Professional Regulation	7	2022
<b>5. Finances</b>		
Getting Employment Benefits	19	2024
How to Contact the VT DOL	19	2024
How to File Your Burial/Intentional Disposition Bill	14	2024
Get Extra Money to Spend at the Farmers Market When You Live SHARPS Squares VT	18	2024
Get into Driving (and DMV)	18	2024
Learned the Car	17	2024
How to Open a Bank Account	16	2023
How to Live all Day	19	2023
Different Types of Health Insurance	7	2022
Health Insurance Costs	7	2022
Thanks for Your Health Care	7	2022
<b>6. Food</b>		
Homemade Bread Recipes for Kids 5-12	18	2024
Get Extra Money to Spend at the Farmers Market When You Live SHARPS Squares VT	18	2024
Get into Driving (and DMV)	18	2024
Food water on fruit and vegetables	10	2023
Energy Drinks are Not Good for Your Health	16	2022
<b>7. Health</b>		
Getting a Job	19	2024
What is Diabetes?	19	2024
Getting the Vaccine When You Have an Implant	19	2024
Everything to Know about the Emergency Department	16	2024
Medicine May Help When You Are Having a Hard Time	17	2024
Getting an Opioid Use Disorder Medication	17	2023
How to Live an Emergency Treatment That Can Save Someone's Life (Chapero)	16	2023
Do Your Children Get Enough Sleep?	16	2023
Winnona and Your Health	16	2023
What is a pandemic? (A video)	6	2023

## New Way to Find Videos

We are excited to share a new resource that will help you find the video you're looking for more easily. Visit the [Recent Projects](#) page of our website and click on "full video resource list" link. This will download a list of all of our current videos organized by theme. It's searchable and easier to navigate than YouTube. We'll update the list whenever we

release new videos.



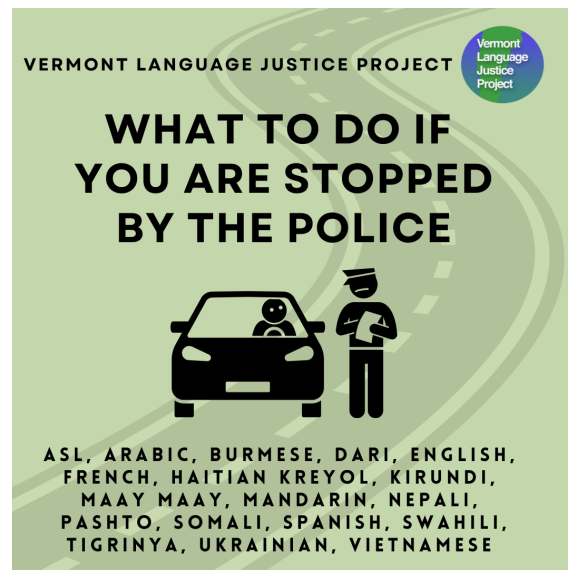
## ALL 17 LANGUAGES

How to prevent mosquito bites and protect yourself from mosquito-borne illnesses like EEE and West Nile Virus.



## ALL 17 LANGUAGES

VT's car seats laws changed July 1. This video explains the

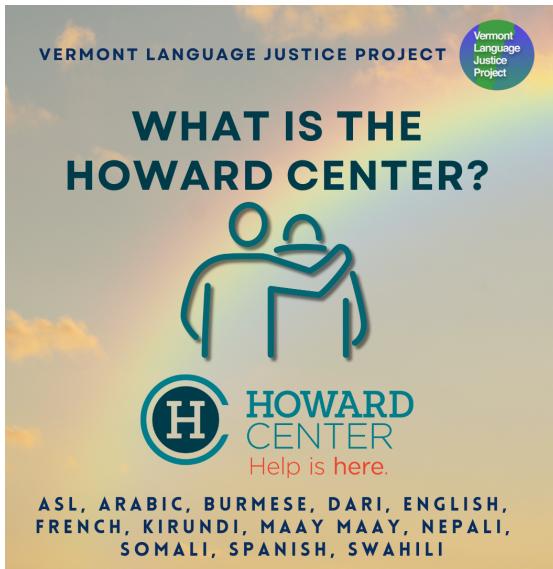


## ALL 19 LANGUAGES

What to expect and what to do (and not do) when you are stopped

requirements for forward- and rear-facing car seats and booster seats.

by the police in VT. Reviewed by Vermont ACLU and local PDs.



## ALL 12 LANGUAGES

A short intro to the Howard Center's mental health and developmental services and how to access them using language access resources.



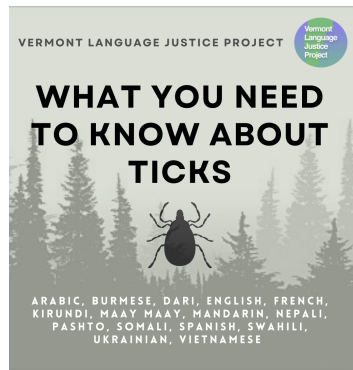
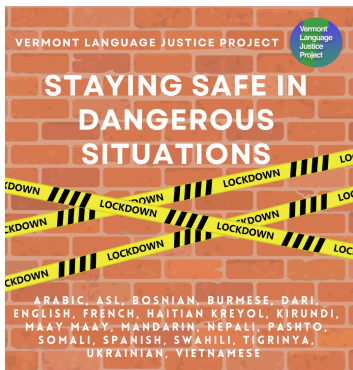
## ALL 13 LANGUAGES

We've added new languages to our video about calling the interpreter lines to reach UVMHC, Porter, CVMC, and Home Health & Hospice.

[Find all our videos on YouTube](#)

# Related & Timely Videos





## In case you missed it:

- [How to Register and Vote in VT Elections](#)
- [Climate Change in Vermont](#)
- [Get Help After a Disaster from SOS-VT](#)
- [Burlington-Winooski Bridge Replacement](#)
- [How to Contact the Vermont Dept. of Labor](#)
- [Getting Unemployment Benefits](#)
- [Calling 911](#)
- [Everything You Need to Know about the ER](#)
- [How to Pay Your Burlington Electric Bill](#)
- [Understanding Your Medicine Bottle](#)

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