

Vermont Language Justice Project (VLJP) Video Resource List

Below you will find links to YouTube playlists for each of VLJP's multilingual videos. The YouTube playlist will include all the different languages for each video.

Videos are divided into 16 topics (some videos fall under multiple topics). Topics (listed alphabetically) are: 1) Children; 2) Climate and Weather; 3) Education; 4) Employment; 5) Finances; 6) Food; 7) Health; 8) Health Testing; 9) Healthy Living; 10) Housing; 11) Life in the US; 12) Mental Health; 13) Safety; 14) Transportation; 15) Vermont; and 16) Your Rights/Legal Issues.

VLJP updates this list as we produce new videos. Videos are listed under each topic from newest to oldest.

[Visit vlanguagejustice.org](http://vlanguagejustice.org) for more info and reach out to alison@vljp.org with questions.

1. Your Rights/Legal Issues

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| How to Prepare for Possible ICE Detention or Arrest | 15 | 2026 |
| Office of Racial Equity, Inclusion, and Belonging Charter Change | 8 | 2026 |
| Housing Rights of Migrant Farmworkers and those on H2A Visas | 3 | 2025 |
| Legal Rights for People on H-2A Visas and Migrant Seasonal Farmworkers. | 3 | 2025 |
| How to File an Employment Service Complaint with the Vermont Department of Labor | 3 | 2025 |
| Interpreter Services | 11 | 2025 |
| Creating a Family Preparednes Plan | 2 | 2025 |
| Know Your Rights: 100-Mile Border Zone | 5 | 2025 |
| Know Your Rights with ICE | 6 | 2024 |
| Immigrants: What do do with Police and ICE | 2 | 2024 |
| Legal and Health Consequences of using Drugs and Alcohol | 18 | 2024 |
| What to Do if You Are Stopped by the Police | 19 | 2024 |
| Register and Vote in VT Elections | 19 | 2024 |
| Getting Unemployment Benefits | 19 | 2024 |
| Restorative Justice: An Alternative to Going to Court | 17 | 2024 |
| Vermont Tax Credits | 17 | 2024 |
| New Voting Rules in Burlington | 8 | 2024 |
| The Office of the Health Care Advocate and How They Can Help You | 14 | 2022 |

2. Life in the US

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| Alternatives to Gas Fueled Cars | 18 | 2026 |
| Primary Care and Urgent Care | 14 | 2025 |
| Vision Care (Newcomer Education for Wellness Series) | 11 | 2025 |
| Healthcare Services (Newcomer Education for Wellness Series) | 11 | 2025 |
| Dental Care (newcomer Education for Wellness Series) | 11 | 2025 |
| An Inexpensive and Painless Way to Treat Tooth Decay | 20 | 2025 |
| Stress Management (Newcomer Education for Wellness Series) | 11 | 2025 |
| Interpretation Services (Newcomer Education for Wellness Series) | 11 | 2025 |
| iFY: An App for your phone to watch videos in your language | 17 | 2025 |
| Know Your Rights: 100-Mile Border Zone | 5 | 2025 |
| Know Your Rights with ICE | 6 | 2024 |
| Immigrants: What do do with Police and ICE | 2 | 2024 |
| What to Do if You Are Stopped by the Police | 19 | 2024 |
| Climate Change in Vermont | 14 | 2024 |
| Register and Vote in VT Elections | 14 | 2024 |
| Calling 911 | 19 | 2024 |
| Everything to Know about the Emergency Department | 16 | 2024 |
| Emergency Alert Sounds and Messages on Your Phone or TV | 16 | 2023 |
| A Tradition Celebrated in the US Called Halloween | 16 | 2023 |
| Picking up Medication from the Pharmacy | 17 | 2022 |

3. Health

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| US Domestic Medical Exam | 11 | 2026 |
| An Introduction to Latent Tuberculosis Infection. (LTBI) | 11 | 2026 |
| Primary Care and Urgent Care | 14 | 2025 |
| Resources for People Experiencing Intimate Partner Violence | 18 | 2025 |
| Get Help from the Poison Center | 13 | 2025 |
| Preparing to Have a Baby at the Hospital | 10 | 2025 |
| Cervical Cancer Screening | 11 | 2025 |
| Vision Care (Newcomer Education for Wellness Series) | 11 | 2025 |
| Healthcare Services (Newcomer Education for Wellness Series) | 11 | 2025 |
| Dental Care (newcomer Education for Wellness Series) | 11 | 2025 |
| An Inexpensive and Painless Way to Treat Tooth Decay | 20 | 2025 |
| Interpretation Services (Newcomer Education for Wellness Series) | 11 | 2025 |
| What is Autism? | 18 | 2025 |
| Vaccine Side Effects, Long Term Effects, and Ingredients | 20 | 2025 |
| Understanding Contraception | 17 | 2025 |
| Understanding Tests that Find Cancer Early | 18 | 2025 |
| Home Health and Hospice Services | 10 | 2025 |
| Colon Cancer Screening Options | 10 | 2025 |
| Why do some vaccines require more than one dose? | 20 | 2025 |
| What to know about measles | 18 | 2025 |
| Why is getting vaccinated important? | 19 | 2025 |
| Legal and Health Consequences of using Drugs and Alcohol | 18 | 2024 |
| Taking Care of Your Teeth | 18 | 2024 |
| Supporting Your Child During a Needle Poke | 18 | 2024 |
| Prevent Mosquito Bites | 17 | 2024 |
| Calling 911 | 19 | 2024 |
| What is diabetes? | 18 | 2024 |
| Calling the Hospital When You Need an Interpreter | 13 | 2024 |
| Everything to Know about the Emergency Department | 16 | 2024 |
| Medicine May Help When You Are Having a Hard Time | 17 | 2024 |
| Getting up to Date on Your Vaccines | 15 | 2024 |
| How to Use an Emergency Treatment That Can Save Someone's Life (Narcan) | 16 | 2023 |
| Do Your Children Get Enough Sleep? | 16 | 2023 |
| Wildfires and Your Health | 18 | 2023 |

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| What is genetics? (3 videos) | 6 | 2023 |
| Taking care of yourself and others in hot weather | 16 | 2023 |
| What You Need to Know About Ticks | 15 | 2023 |
| How to Stay Safe in Very Cold Weather | 17 | 2023 |
| How to Measure Your Medication Correctly | 16 | 2023 |
| Energy Drinks are Not Good for Your Health | 15 | 2023 |
| How to Stay Healthy Through the Winter | 16 | 2022 |
| Understanding Your Medicine Bottle/Medication Safety | 15 | 2022 |
| Different Types of Health Insurance | 7 | 2022 |
| Health Insurance Costs | 7 | 2022 |
| Paying for Your Health Care | 7 | 2022 |
| Picking up Medication from the Pharmacy | 17 | 2022 |
| Human Monkeypox Virus | 16 | 2022 |
| The Office of the Health Care Advocate and How They Can Help You | 14 | 2022 |
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| 4. Health Testing | | |
| US Domestic Medical Exam | 11 | 2026 |
| An Introduction to Latent Tuberculosis Infection. (LTBI) | 11 | 2026 |
| Cervical Cancer Screening | 11 | 2025 |
| Understanding Tests that Find Cancer Early | 18 | 2025 |
| Colon Cancer Screening Options | 10 | 2025 |
| Supporting Your Child During a Needle Poke | 18 | 2024 |
| What is Diabetes? | 18 | 2024 |
| Understanding Genetics and Genetics Testing (3 videos) | 6 | 2023 |
| How to do a Stool (Poop) Test | 16 | 2023 |
| How to Do a Flowflex Test for COVID 19 | 15 | 2022 |
| How to Do an On-Go Test for COVID-19 | 15 | 2022 |
| How to Do an iHealth Covid-19 Rapid Antigen Test | 16 | 2022 |
| How to Use the QUICKVUE Rapid Antigen Test | 15 | 2022 |
| How to Do a Lucira Test for COVID-19 | 15 | 2021 |
| How to Do a BinaxNOW COVID-19 Test | 16 | 2021 |
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| 5. Safety | | |
| Resources for People Experiencing Intimate Partner Violence | 18 | 2025 |
| How Medicines and Alcohol Affect You as You Get Older | 18 | 2025 |
| Preventing and Cleaning Up Mold in Your Home | 13 | 2025 |
| Legal and Health Consequences of using Drugs and Alcohol | 18 | 2024 |
| Know Your Rights with ICE | 6 | 2024 |
| Immigrants: What do do with Police and ICE | 2 | 2024 |
| Cleaning Safely: For Childcare Providers | 13 | 2024 |
| Stop the Bleed | 19 | 2024 |
| Be Bright at Night | 19 | 2024 |
| What to Do if You Are Stopped by the Police | 19 | 2024 |
| Prevent Mosquito Bites | 17 | 2024 |
| Car Seat Laws in VT | 17 | 2024 |
| Staying Safe in a Dangerous Situation (Lockdowns) | 19 | 2024 |
| Calling 911 | 19 | 2024 |
| Everything to Know about the Emergency Department | 15 | 2024 |
| Total Solar Eclipse April 8, 2024 | 18 | 2024 |
| Home Fire Safety | 17 | 2023 |
| Emergency Alert Sounds and Messages on Your Phone or TV | 16 | 2023 |
| How to Use an Emergency Treatment That Can Save Someone's Life (Narcan) | 16 | 2023 |
| Driving in Winter | 17 | 2023 |
| Wildfires and Your Health | 18 | 2023 |
| Water Safety After a Flood | 17 | 2023 |
| Returning To Your Home After A Flood | 6 | 2023 |
| Flood water on fruit and vegetables | 10 | 2023 |
| Flooding can contaminate your drinking water | 4 | 2023 |
| Staying safe during a flood and very heavy rainfall | 18 | 2023 |
| When you see this sign, do NOT swim (cyanobacteria) | 16 | 2023 |
| Staying safe near lakes, rivers and the swimming pool | 15 | 2023 |
| Taking care of yourself and others in hot weather | 16 | 2023 |
| What You Need to Know About Ticks | 15 | 2023 |
| How to Stay Safe in Very Cold Weather | 17 | 2023 |
| Understanding Your Medicine Bottle/Medication Safety | 15 | 2022 |
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| 6. Mental Health | | |
| Stress Management (Newcomer Education for Wellness Series) | 11 | 2025 |
| 988 Suicide and Crisis Lifeline | 21 | 2025 |
| TAKing Care of Yourself After Being Laid off from Your Job | 9 | 2025 |
| Supporting Someone after a Traumatic Event or Disaster | 21 | 2025 |
| Support for People Recovering from Addiction in Vermont | 18 | 2025 |
| What is the Howard Center? | 12 | 2024 |
| Staying Safe in a Dangerous Situation (Lockdowns) | 19 | 2024 |
| Coping with Stress after a Disaster | 19 | 2024 |
| How to get help when you are struggling with difficult feelings | 7 | 2024 |
| Everything to Know about the Emergency Department | 16 | 2024 |
| Get Help after a Disaster from SOS-VT | 19 | 2024 |
| Medicine May Help When You Are Having a Hard Time | 18 | 2024 |
| How Difficult Experiences Can Affect Us | 18 | 2024 |
| Talking With and Listening to Our Children | 18 | 2023 |
| Life can be so hard. Lets talk about it. | 16 | 2023 |
| Finding Ways to Deal with Stress or Sadness | 15 | 2022 |
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| 7. Housing | | |
| How Homes Stay Comfortable - Energy Efficient Heating and Cooling | 18 | 2026 |
| What to Know When Looking for Housing | 11 | 2025 |
| Water Main Breaks in Winooski | 15 | 2025 |
| How to Read Your Natural Gas Bill | 7 | 2025 |
| Weatherization: Keeping Your Home Cool in Summer and Warm in Winter | 18 | 2025 |
| Preventing and Cleaning Up Mold in Your Home | 13 | 2025 |

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| Legal and Health Consequences of using Drugs and Alcohol | 18 | 2024 |
| Vermont Choices for Care Program | 11 | 2024 |
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| 8. Finances | | |
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| Get Extra Money to Spend at the Farmers Market When You Use SNAP/3 Squares VT | 18 | 2024 |
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| How to Use an ATM | 19 | 2023 |
| Different Types of Health Insurance | 7 | 2022 |
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| 9. Employment | | |
| How to access American Job Centers (for Migrant Farmworkers and those on H2A Visas) | 3 | 2025 |
| Housing Rights of Migrant Farmworkers and those on H2A Visas | 3 | 2025 |
| Legal Rights for People on H-2A Visas and Migrant Seasonal Farmworkers. | 3 | 2025 |
| The Unemployment Adjudication and Appeals Process | 19 | 2025 |
| How to File an Employment Service Complaint with the Vermont Department of Labor | 3 | 2025 |
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| 10. Climate & Weather | | |
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| 11. Children | | |
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| Why do some vaccines require more than one dose? | 20 | 2025 |
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| Staying Safe in a Dangerous Situation | 19 | 2024 |
| Welcome to Edmunds Middle School | 3 | 2023 |
| Professional Licensing Through the Vermont Office of Professional Regulation | 7 | 2022 |
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| 13. Food | | |
| 3SquaresVT/SNAP/EBT Benefits are Delayed for November | 17 | 2025 |
| Food Programs and Resources for All | 16 | 2025 |
| Changes to SNAP October 1st 2025 | 16 | 2025 |
| Latest Info about SNAP Benefits (as of 7/29/25) | 16 | 2025 |
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| Winooski Main Street Revitalization Project: Dec 2025 Project Update | 15 | 2025 |
| Get Help Paying for Childcare in Vermont | 17 | 2025 |
| 3SquaresVT/SNAP/EBT Benefits are Delayed for November | 17 | 2025 |
| How to Access an Interpreter in Government Buildings in Winooski | 17 | 2025 |
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| Helping Vermont's Youngest Children: Children's Integrated Services | 18 | 2023 |
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| Health Insurance Costs | 7 | 2022 |
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| Energy Drinks are Not Good for Your Health | 15 | 2023 |
| How to Stay Healthy Through the Winter | 16 | 2022 |
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| 16. Transportation | | |
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| Be Bright at Night | 19 | 2024 |
| What to Do if You Are Stopped by the Police | 19 | 2024 |
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| <i>List updated Monday March 2, 2026</i> | | |